**Outer, Inner, Secret and Innermost Secret Vajrasattva Teachings, Empowerment and Practice Retreat by His Eminence Choeje Ayang Rinpoche in Moscow**

**June 24 – 28’ 2016**

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| June 21 Tue  |  | Arrive Moscow |
| June 24 Fri | 9.00 AM | Vajrasattva Empowerment Preparation by Rinpoche |
|  | 3.00 PM | Vajrasattva Empowerment |
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| June 25 Sat | 9.00 AM  | Vajrasattva Long Mantra- Short history First level Outer practice- Kriya Tantra way teaching & Practice  |
|  | 3.00 PM | Second level Inner practice- Charya Tantra way Teaching & Practice |
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| June 26 Sun | 9.00 AM | Third level Secret practice-Yoga Tantra way Teaching and Practice |
|  | 3.00 PM | Special practice ways for Outer Tantra – To cure diseases and remove negative beings from your body. |
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| June 27 Mon | 9.00 AM | Special practice ways for Inner Tantra - Vajrasattva together with eight Bodhisattvas Mandala |
|  | 3.00 PM | Special practice ways for Secret Tantra- Vajrasattva with tent of eight Boddhisattva Deities |
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| June 28 Tue | 9.00 AM | Fourth level-Anuttarayoga Tantra way, inner most secret, outer phenomena, inner being, all sounds and nature of Vajrasattva’s body,speech and wisdom, through this way recite mantras and enter clear light state. |
|  | 3.00 PM | \* Vajrasattva Tsok Offering Prayer |
| July 1 Wed |  | Moscow to Biarritz |