

**DAILY SCHEDULE OF PHOWA COURSE BY H.E “CHOEJE” AYANG RINPOCHE
IN BODHGAYA, BIHAR, INDIA FROM JAN 17 – 26, 2017**

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| Jan 17/2017 Tue | 9.00 am Short Introductory teaching on Phowa * |
| | 2.00 pm Buddha Amitabha Empowerment * |
| Jan 18/2017 Wed | 7.00 am Full Day-Detailed Phowa Teaching |
| Jan 19/2017 Thur | 7.00 am Nyingma Phowa Oral Transmission Blessing * |
| | 1.00 pm Nyingma Phowa Practice |
| | 4.30 pm Vajrasattva Teaching |
| Jan 20/2017 Fri | 7.00 am Nyingma Phowa Practice, |
| | 1.00 pm Drikung Phowa Teaching |
| | 4.30 pm Pureland Long Aspiration Prayer under the Bodhi Tree and Circumambulation *# |
| Jan 21/2017 Sat | 7.00 am Drikung Phowa Oral Transmission Blessing with Practice |
| | 1.00 pm Three Excellences Teaching * |
| | 4.30 pm Pureland Long Aspiration Prayer under the Bodhi Tree and Circumambulation *# |
| Jan 22/2017 Sun | 7.00 am Buddha Amitabha Meditation Teaching * |
| | 1.00 pm Drikung Phowa Practice |
| | 4.30 pm Pureland Long Aspiration Prayer under the Bodhi Tree and Circumambulation *# |
| Jan 23/2017 Mon | 7.00 am Drikung Phowa Practice |
| | 1.00 pm Jetsun Milarepa Guru Yoga Tsog Offering Prayer *# |
| | 4.30 pm Pureland Long Aspiration Prayer under the Bodhi Tree and Circumambulation *# |
| Jan 24/2017 Tue | 7.00 am Short Drikung Phowa Practice and Short Amitabha Sadhana Practice |
| | 1.00 pm Teaching on doing phowa for others at the moment of death |
| | 4.30 pm Pureland Long Aspiration Prayer under the Bodhi Tree and Circumambulation *# |
| Jan 25/2017 Wed | 7.00 am Teaching on doing phowa for oneself at the moment of death and instruction on how to practice Phowa after the course |
| | 1.00 pm Short Nyingma Phowa Practice |
| | 4.30 pm Pureland Long Aspiration Prayer under the Bodhi Tree and Circumambulation *# |
| Jan 26/2017 Thu | 8.00 am Buddha Amitabha Tsog Offering Prayer *# |

*Indicates- Open to Public

Rinpoche prefers students to stay until the end of Buddha Amitabha Tsog, which ends around 4 pm. He also prefers all students to go to the Bodhi Tree and circumambulate every evening.

AFTER THE COURSE: Rinpoche recommends all students practice Phowa daily for two weeks after the course, whether or not they have received a Phowa sign during the course. Daily Phowa practice sessions are offered every morning at the Phowa site for two weeks following the course. The practice sessions are several hours long, and end before lunch.