

GONPA GAZETTE



"I washed my hair every day this week!"

My preferred discipline style is praise, positive reinforcement and logical consequences.

The monks know I don't beat because "In America adults are not allowed to beat children. If they do, the adults go to jail." Over simplified? Yes, but it gets the point across.

In a culture where physical discipline is the norm, children learn to not pay attention/follow directions until threat of harm/being hit. That makes it challenging for she-who-does-not-hit.

I have noticed that even when I carry a stick I have confiscated from a monk, with no intention of using it, I get more respect! So if needed, I have my 'magic stick' (the monks have no concept of wand). When I tap them on the head or shoulder they immediately become calm and quiet. To my HUGE surprise, it has worked every time! Power of suggestion? Who knows? I only care that for now, it works if and when I need it. The rest of the time it's, "Good job...Thanks for helping...Thanks for being kind", logical consequences and *always* stickers!



A 'magic stick' line at the tap.

NOVEMBER 2019 IN PHOTOS

