

Amitabha Foundation Phowa Practice Group* 2020 Schedule

All times are Eastern Time (Standard or Daylight, as appropriate)

Practice will be available by Skype from Rochester, NY

*Only for those who have taken H.E. Chöje Ayang Rinpoche's Phowa Course

Date	Day	Time	Practice	Notes
January 10	Friday	7:00 PM	Drikung	
January 24	Friday	7:00 PM	Nyingma	
February 9	Sunday	10:00 AM	Drikung	
February 23	Sunday	10:00 AM	Nyingma	
March 9	Monday	7:00 PM	Drikung	Supermoon
March 24	Tuesday	7:00 PM	Nyingma	
April 7	Tuesday	7:00 PM	Drikung	Supermoon
April 22	Wednesday	7:00 PM	Nyingma	
May 7	Thursday	7:00 PM	Drikung	
May 22	Friday	7:00 PM	Nyingma	
June 5	Friday	7:00 PM	Drikung	
June 21	Sunday	10:00 AM	Nyingma	Solstice
July 5	Sunday	10:00 AM	Drikung	Lunar Eclipse
July 20	Monday	7:00 PM	Nyingma	
August 3	Monday	7:00 PM	Drikung	
August 18	Tuesday	7:00 PM	Nyingma	
September 2	Wednesday	7:00 PM	Drikung	
September 17	Thursday	7:00 PM	Nyingma	
October 1	Thursday	7:00 PM	Drikung	
October 16	Friday	7:00 PM	Nyingma	
November 1	Sunday	10:00 AM	Drikung	
November 15	Sunday	10:00 AM	Nyingma	
November 30	Monday	7:00 PM	Drikung	Lunar Eclipse
December 14	Monday	7:00 PM	Nyingma	
December 29	Tuesday	7:00 PM	Drikung	